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# Dr. Gavin John Newby

## Consultant Clinical Neuropsychologist

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### Summary

I am a skilled Consultant Clinical Neuropsychologist and Clinical Director with strategically-informed therapeutic, rehabilitation, research, teaching and supervisory experience in the fields of neuropsychological assessment, rehabilitation and mental health in treating clinician contexts. I have a particular interest in assessing those mental capacities covered by the Mental Capacity Act (2005) and others including testamentary capacity and return to driving after acquired brain injury.

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### Relevant Professional Qualifications and Registrations (All current)

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| <b>1992</b>         | <b>University of Edinburgh</b><br>M.A. Psychology (2.1)  |
| <b>1996</b>         | <b>Oxford Training Course in Clinical Psychology</b><br>Doctorate in Clinical Psychology (D.Clin.Psych.)   |
| <b>1998/2000/12</b> | <b>British Psychological Society's Division of Neuropsychology</b><br>Certificate in Clinical Neuropsychology<br>Practitioner Full Member of Division of Neuropsychology<br>Entered onto the Specialist Register in Clinical Neuropsychology |
| <b>2000/2001</b>    | <b>Oxford Family Institute</b><br>Completed Introductory Course in Family Therapy<br>Obtained merit for Intermediate Course in Family therapy and qualified as Level II Systemic Therapist   |
| <b>2002/5/11/13</b> | <b>British Psychological Society</b><br>Chartered Psychologist (C.Psychol.)<br>Associate Fellow of the British Psychological Society (AFBPsS)<br>Registered Applied Psychology Supervisor (RAPS)<br>Chartered Scientist (C.Sci.)             |
| <b>2010</b>         | <b>Health and Care Professions Council (HCPC, reg. no PYL18496)</b><br>Registered Psychologist, Health Professions Council.  |

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## Recent CPD

- Receive clinical supervision from Cathy Sparkes, an experienced Personal Constructs therapist and acquired brain injury practitioner, on a 6-weekly basis.
- Attend Personal Constructs-based supervision group on a quarterly basis.
- 2023 Attended Ahead Together Family Conference in Oxford. Gave presentation on the effects of acquired brain injury on partners.
- 2023 Virtual attendance at Head First Conference on the effects of cannabis on acquired brain injury.
- 2023 Attended Head First Conference on sexual capacity.
- Attend/teach at North West-based Brainwaves special interest group for private practitioners. Meetings held throughout the year. Presented on the Neuropsychological Effects of COVID on Clients, Therapy and Teams. Attended presentations on Behavioural Optometry and Music Therapy.
- 2022 Remote workshop on using the SPANS-X psychometric battery, run by Hogrefe test publishers
- 2021 Remote Two-Day conference on Suicide Prevention, run by The Mental Health Academy
- 2021 Remote one day conference on From Litigation to Deputyship, run by Shoemiths Solicitors LLP
- 2020 Remote One-Day conference on Neuropsychological Testing in the COVID age: the case for teleneuropsychology, run by Irwin Mitchell Solicitors, LLP
- 2020 Remote One-Day conference on Loss, Change and Grief After Serious Injury and Bereavement run by Irwin Mitchell Solicitors LLP
- 2020 Remote One-Day Conference on Psychiatric Aspects of Pain, run by Irwin Mitchell Solicitors LLP
- 2020 Remote One-Day conference on Sexual Capacity, run by Irwin Mitchell Solicitors LLP
- 2020 Remote One-Day conference on Online Security, run by the British Association of Behavioural and Cognitive Psychotherapies (BABCP)
- 2020 One-Day conference on Neuropsychology in the Current Context, run by the Division of Neuropsychology, BPS
- 2020 One-Day Conference on Teleneuropsychology, run by the International Neuropsychology Society.
- 2019 One-day conference on Capacity to Engage in Social Media, run by Potter Reese Dolan Solicitors LLP

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## Private Work, 2010 - To Date, Newby Psychological Services Ltd.

I have been a director and co-owner of Newby Psychological Services Ltd since 2010. I carry a specialised caseload of clients with ABI-related complex, severe and enduring psychological disorders, undertake and interpret neuropsychological assessment tools and develop holistic formulations and intervention programmes with clients and their care systems. I provide input into monthly private joint Neuropsychology, Neuropsychiatry and Neurological Rehabilitation Physician Clinic. During this time, I have also conducted mental capacity assessments of clients with an acquired brain injury in matters such as testamentary provision, managing financial property and affairs and consenting to CCTV as well as undertaking complex neuropsychotherapy and neuropsychological rehabilitation work.

Another area of my work is in providing expert professional supervision to other senior consultant clinical neuropsychologists.

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## **Most Recent NHS Employment March 2005-August 2016, Acquired Brain Injury Service, Cheshire & Wirral Partnership NHS Foundation Trust (CWP), Consultant Clinical Neuropsychologist & Clinical Lead**

I was responsible for designing, developing and jointly managing specialised neuropsychology provision for acquired brain injury (ABI) clients in South Cheshire and the Wirral. I carried a specialised caseload of clients with complex needs and their families. I worked jointly with specialist commissioners to champion ABI client service need, advised Continuing Healthcare on specialist placements and monitored agreed placements. I led ABI service redesign and innovation through programmes of clinical work, audit and empirical research, directing and monitoring neuropsychological provision via supervision, staff recruitment and identifying service provision difficulties within the organisation and beyond. From 2013, I led a monthly joint Neuropsychology, Neuropsychiatry and Neurological Rehabilitation Physician Clinic that greatly enhanced service provision for clients with complex brain injury and mental health needs.

### **Additional Positions within CWP**

**Staff Clinical Psychology Governor (2012-2014)** with responsibilities for representing professional interests to Foundation Trust and holding the non-executive to account. Membership of governance committees in the areas of research, strategy and appointments.

**Speciality Clinical Director for Acquired Brain Injuries and Learning Disabilities (2014-2015)** with strategic responsibilities for clinically leading the strategic direction of the specialities, implementing non-medical consultant job planning, contributing to the trust's clinical plan and developing streams of new business.

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### **Non-Clinical Employment/Activities**

Participated in BBC documentary on sports-related acquired brain injury: Head On: Rugby, Dementia and Me (2023)

Current member of Programme Steering Committee overseeing the ROWTATE Return to Work After Trauma vocational support programme run by Nottingham University and funded by a National Institute for Health Research grant.

Principal Investigator for the 'Remembrin' memory group trial run jointly with Nottingham University and funded by a Health Technology Assessment grant.

Chair of North West Special Interest Group in Neuropsychology (2005-2014). My duties included: leading the group's new focus on strategic service development, exploring revenue streams and organising a specialist conference.

Chief Supervisor of Board of Assessors for The Division of Neuropsychology's Qualification in Clinical Neuropsychology (2008-2011), with specific responsibility for approving supervision plans, processing requests for research exemptions attending vivas and commenting on strategic and practice issues.

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### **Teaching and Training**

I have extensive teaching and seminar experience at various academic institutions including the Universities of Hertfordshire, Liverpool, Oxford and Southampton. I was an Honorary Lecturer in Clinical Psychology at Lancaster University and have contributed to curriculum development and teaching. I have also regularly presented at UK professional conferences. I regularly present seminars to legal firms and professional bodies.

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## Selected Publications/Conference Abstracts

- Atkins, L., Newby, G. & Pimm, J. (2012) Normative data for the Hospital Anxiety and Depression Scales (HADS) in multiple sclerosis. *Social Care and Neurodisability* 3(4), 172-178
- Brander, F. & Newby, G. (in press) Must it always be within, or could it be outside? Constructions of supervision outside your own profession. In: C. Sparkes, S. Simpson & D. Harding (Eds) *Supervision in speech and language therapy: personal stories and professional wisdom*. Routledge, Taylor and Francis
- Campbell, N., Bichard, H., Newby, G., Odiyoor, M., & Pinder, C. (2015, September). *The clinical management of clients with dual acquired brain injury (ABI) and mental health problems: A joint neuropsychiatry, neuropsychology and neurorehabilitation clinic*. Poster presented at the Royal College of Psychiatrists annual conference, London.
- Crossley, J., Newby, G., Odiyoor, M & Pinder, C. (2013) Dual diagnosis in acquired brain injury: An Innovative joint working approach *Division of Neuropsychology Newsletter* 12(3), 20-21
- Edwards AR, Daisley A, & Newby G. (2014) The experience of being a parent with an acquired brain injury (ABI) as an inpatient at a neuro-rehabilitation centre, 0-2 years post-injury. *Brain Injury* 28 (13-14), 1700-1710
- das Nair R, Bradshaw, Carpenter, Clarke, Day, Drummond, Fitzsimmonds, Harris, Montgomery, Newby, Sackley & Lincoln (2019) A group memory rehabilitation programme for people with traumatic brain injuries: the ReMemBrIn RCT. *Health Technol Assess* 2019; 23(16).
- Newby, Palmer, Boakye, Johnson & Maddicks. (2019). Putting conversations centre stage: systemic working in acquired brain injury contexts. In: Yeates & Ashworth (Eds.), *Psychological Therapies in Acquired Brain Injury*. (pp. 132-153). London and New York, Routledge, Taylor and Francis Group.
- Newby, G., Bichard, H., Campbell, N., Odiyoor, M. & Pinder, C. (2017) Reclaiming the lost art of lunch *BMJ Blog* May 2, 2017, [<http://blogs.bmj.com/bmj/2017/05/02/gavin-newby-reclaiming-the-lost-art-of-lunch/> Accessed May 3, 2017]
- G. Newby, R. Coetzer, A. Daisley & S. Weatherhead (Eds.) (2013) *Practical Neuropsychological Rehabilitation in Acquired Brain Injury: A Guide for Working Clinicians*. London: Karnak Books
- Newby, G.J. (2004) Letter: Coping with a Client's Suicide *Clinical Psychology*, 37: 27-34
- Newby, G.J. (2004) Systemic family therapy with older adults: What does the literature tell the clinician about theory, research and therapy? *PSIGE Newsletter* 85: 8-12
- Newby, G. (2012) Correspondence: Can IAPT be expanded to meet the needs of people with an acquired brain injury. *Clinical Psychology Forum* 231: 6-7
- Newby, G., & Coetzer, B. (2012). Facing down the elephant in the room: making your CPD log a successful part of your practice and development. *Clinical Psychology Forum*, 236: 46-49.
- Weatherhead, S. & Newby, G. (2008) Supporting Dads: A Parenting Programme for Fathers with an Acquired Brain Injury *Clinical Psychology Forum* 182: 36-39
- Weatherhead, S.J. & Newby, G.J. (2011) Warehouse of responsibilities: A group for survivors of a brain injury, accessed online at: <http://www.theinstituteofnarrativetherapy.com/Papers/Warehouse%20of%responsibility.doc>