

Dr Emma Henderson

BSc, D.Clin.Psy, PGDip.



Clinical Neuropsychologist

I obtained my Doctorate in Clinical Psychology in 2012 from the University of Birmingham and completed post graduate studies in Applied and Clinical Neuropsychology at the University of Bristol in 2019.

I have now accrued over 25 years' experience working with those with dementia, acquired/traumatic brain injury, spinal cord injury, functional neurological disorder and trauma. I am accustomed to working within and leading multidisciplinary teams in a variety of contexts, including working with complex physical, cognitive, emotional and behavioural needs, assessing capacity and managing risk.

I am passionate about tailoring my interventions to suit my client's needs, drawing on approaches such as cognitive behaviour therapy (CBT), acceptance and commitment therapy (ACT), compassion focussed therapy (CFT), brief solution focussed therapy (BSFT), Flash eye movement desensitisation and reprocessing (Flash EMDR) and motivational interviewing to support individuals to become the expert in their own situation and live a life in keeping with their values. This extends to other healthcare professionals seeking opportunities for consultation, supervision and reflective practice.

Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7775 437363

Qualifications

Postgraduate Diploma in Clinical Neuropsychology - Distinction

University of Bristol - 2019

Doctorate in Clinical Psychology

University of Birmingham – 2012

MSc Cognitive Neuropsychology - Distinction

Oxford Brookes University – 2004

BSc (Hons) in Psychology

Nottingham Trent University – 2001

Membership of Professional Bodies

- Chartered Member of the British Psychological Society (BPS)
- Member of the Health and Care Professions Council
- World Federation of Neurorehabilitation
- UKABIF – UK Acquired Brain Injury Forum

Experience

Associate Clinical Neuropsychologist **October 2024 – present**
Newby Psychological Services Ltd

In my role with Newby Psychological Services, I undertake neuropsychological and capacity assessments and provide neuropsychological rehabilitation and therapy to support clients, families and staff with managing the impact of neurological injury and illness.

Clinical Psychologist **January 2019 – present**
Owner and Clinical Psychologist in Neuropsychology, NeurOasis

Independent provider working with individuals with conditions such as brain injury, functional neurological disorder and dementia.

Consultant Clinical Psychologist in Neuropsychology
Neural Pathways **July 2019 – present**

Independent practitioner working as part of a multidisciplinary team to provide neuropsychological input to complex cases demonstrating high levels of risk, experiencing substance misuse, complicated capacity issues and severe communication impairments

Associate Clinical Psychologist in Neuropsychology
New Hope **February 2019 – July 2013**

Independent associate practitioner delivering interventions in domiciliary and care settings to those with neurological impairments and their support network.

Clinical Psychologist in Neuropsychology (Band 8a)
Central England Rehabilitation Unit, South Warwickshire NHS Foundation Trust
February 2019 – July 2013

Delivering neuropsychological interventions in a specialist, Level 1, inpatient setting for adults with the most complex neuro-rehabilitation needs. Demonstrated competency and a dynamic approach to leading service development projects, delivering training to staff, devising assessment protocols,

promoting interdisciplinary working, creating training and competency frameworks for capacity and leading on the neuro-behavioural pathway for the management of behaviours of concern

Clinical Psychologist in Training

October 2008 – June 2012

Birmingham and Solihull Mental Health Foundation Trust

Doctoral clinical psychology training including specialist placements in the Working Age Dementia service and Memory Assessment and Advisory service

Research Associate

May 2006 – October 2008

University of Warwick and Coventry PCT

Researching computerised diagnostic tools for older age psychiatric syndromes - published in peer reviewed journal

Research Psychologist and Research Assistant (secondment)

BrainBoost Ltd, Oxford

April 2005 – April 2006

Institute for the Future of the Mind, University of Oxford

Researching the efficacy of computerised cognitive rehabilitation aids for those with mild cognitive impairment and the impact of technology on young and old brains - published in peer reviewed journal

Relevant CPD

- Montreal Cognitive Assessment Training - **Jan 2022**
- Motivational Interviewing in Acquired Brain Injury - **Feb 2021**
- FLASH EMDR - **March 2020**

References

Reference contact details available on request