

# Dr Lewis Langford

BSc, D.Clin.Psychol.

## Clinical Neuropsychologist



I qualified as a clinical psychologist in 2021 and have over 8 years' experience working within mental and physical health services. This has involved working across inpatient, outpatient and community settings. I have a particular interest in neuropsychology and major trauma. In addition to private practice, I currently work in the NHS within a community stroke and neuro rehabilitation team. My experience has included providing neuropsychological assessment, formulation, and treatment to support individuals and their families, presenting with a wide range of neurological presentations. I also provide consultation, training and supervision to multidisciplinary teams, and have supported with capacity assessments and differential diagnosis.

I focus on person-centred therapy that involves developing a shared formulation to guide any interventions. I incorporate trauma-informed approaches which recognise the importance of the therapeutic relationship. I also integrate other neuropsychological and therapeutic approaches, including cognitive behavioural therapy (CBT), Compassion Focussed Therapy (CFT), Acceptance and Commitment Therapy (ACT) and Cognitive Analytical Therapy (CAT).

## Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: [info@newbypsychological.co.uk](mailto:info@newbypsychological.co.uk) / +44 (0)7775 437363

## Qualifications

### Postgraduate Diploma in Clinical Neuropsychology

University of Glasgow - current

### Doctorate in Clinical Psychology

University of Leeds – 2021

### BSc (Hons) in Psychology

University of Liverpool – 2014

## Membership of Professional Bodies

- Registered Clinical Psychologist - Health Care Professions Council (HCPC) – Private Practice and Northern Care Alliance
- Member of the Health and Care Professions Council

## Experience

### Associate Clinical Neuropsychologist

August 2024 – present

#### **Newby Psychological Services Ltd**

In my role with Newby Psychological Services, I undertake neuropsychological and capacity assessments and provide neuropsychological rehabilitation and therapy to support clients, families and staff with managing the impact of neurological injury and illness.

### Clinical Psychologist in Neuropsychology

2023 – present

#### **Northern Care Alliance**

My current role involves working within a Community Stroke and Neuro Rehabilitation Team. I work within a MDT, providing neuropsychological assessment, rehabilitation and psychological therapy to patients who have suffered with a neurological condition. I also offer consultation to the wider team and services, including capacity assessments and provide support to families and carers. I also co-facilitate an ACT group for patients.

### Senior Clinical Psychologist

2021-2023

#### **Leeds Teaching Hospital**

**Outpatient Neuropsychology (0.6 WTE)** – This role involved providing neuropsychological assessment, rehabilitation and psychological therapy to patients who had suffered with a neurological condition. I was also involved in pre- and post-surgery assessments within the context of neurosurgery and epilepsy surgery. Neuropsychological assessments to support differential diagnosis and capacity assessments. Co-facilitator for non-epileptic attack disorder group therapy. Also, consultation, research and service development.

**Major Trauma, Plastics and Orthopaedics (0.4 WTE)** – This was an inpatient and outpatient service, providing support to patients across the lifespan. The role involved providing psychological assessment, intervention and rehabilitation to patients. It also involved providing advice and consultation to the wider MDT, to support care planning on inpatient wards. I was also involved in surgical assessments, developing a psychological formulation to inform decisions around surgery.

### Psychologist in Clinical Training

2018 – 2021

#### **Leeds Teaching Hospital**

Clinical placements included:

- Paediatrics Burns and Diabetes Service
- Community Mental Health Team
- Early Intervention in Psychosis Team

- Community Learning Disability Team
- Outpatient Clinical Neuropsychology Service

## Assistant Psychologist

2017 – 2018

### Liverpool University Hospitals

My role was working within the Stroke Early Supported Discharge (ESD) Team, providing neuropsychological assessment, rehabilitation and psychological therapy for patients adjusting to life following a stroke and dementia. I worked closely with the wider MDT and provided support to families and carers.

## Assistant Psychologist

2016 - 2017

### Brain Injury Rehabilitation Trust

My role involved working within a neurological centre, providing psychological support and rehabilitation to patients with an acquired brain injury. Rehabilitation was based on a neuro-behavioural approach, focusing on supporting patients to function more independently. It involved working closely with the wider MDT to develop shared goals to inform rehabilitation.

## Relevant CPD

- Clinical Supervisor Training, University of Leeds
- Compassion Focussed Therapy 2-day workshop, Mary Welford
- On-going PGDip in Clinical Neuropsychology, University of Glasgow
- Expert in report writing, Bond Solon

## Publications

Langford, L., Latchford, G., & Mulvey, M. (2024). Can illness representations be used to understand pain experienced in breast cancer survivorship – a cross-sectional study. *Journal of Cancer Survivorship*, 1-10.

Langford, L., & Gandhi, T. (2022). An evaluation of the use of neuropsychology formulation meetings within community neurorehabilitation teams. *Clinical Psychology Forum*, 1(351), 44-52.

## References

Reference contact details available on request